

Depth of Knowledge (DOK) Question Stems for Social and Emotional Learning



DOK 1 – Recall (Define, copy, and recognize content.)

- 1) How can you recognize (emotion)?
- 2) What is (skill / task / concept)?
- 3) What would you include on a list about (skill / task / concept)?
- 4) How would you describe (skill / task / concept)?
- 5) How would you perform (skill / technique)?
- 6) What does (vocabulary) mean?



DOK 2 – Skill/Concept (Perform simple tasks – e.g., organize, compare, summarize.)

- 1) How did (concept) affect (performance)?
- 2) How would you apply (skill / concept) in (task / environment)?
- 3) How would you compare and/or contrast (skill / task / concept / environment) with (another skill / task / concept / environment)?
- 4) What do you know about (skill / task / concept / environment)?
- 5) How can you apply what you learned to develop (skill / understanding)?
- 6) How would you summarize (skill / task / concept / performance / environment)?



DOK 3 – Strategic Thinking (Plan and apply learning based on evidence.)

- 1) How is (concept / emotion) related to (behavior / relationship / actions)?
- 2) How would you change (behavior / response) to create a different (response / environment)?
- 3) Can you predict the outcome of (situation / conversation) if (response / reaction)?
- 4) Can you formulate a theory for (concept)? How would you test your theory?
- 5) What facts would you select to support (concept)? Can you elaborate on why you chose those facts?
- 6) What is your interpretation of this (behavior / response / communication)? Can you support your interpretation with specific examples?



DOK 4 – Extended Thinking (Use learning to solve problems or work creatively.)

- 1) Develop a response plan for different emotional events / situations.
- 2) Develop a practice plan to improve mindfulness techniques.
- 3) Identify emotional response situations that are challenging and design a plan for personal improvement.
- 4) Using information from past journal entries, analyze the positive and negative consequences of past (behaviors / responses / routines).
- 5) What information can you gather to support your ideas about (concept / emotion / technique)?
- 6) Design and conduct an experiment / assessment. Then, gather information to development alternative explanation for the results.